

West Sussex Dementia Strategy 2020-23

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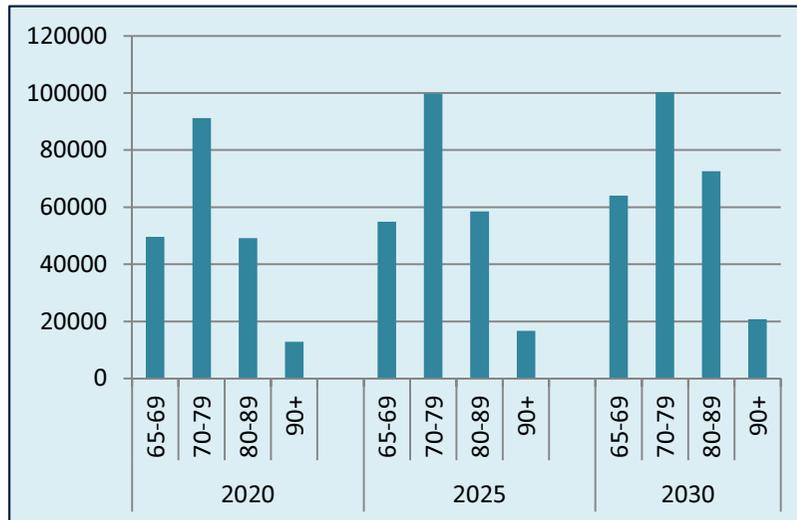
Where we are now

- ▶ Review of the Dementia Framework 2014-19.
- ▶ Feedback from almost 400 people through 2 on-line surveys, focus groups with people living with dementia, family and friend carers and health and social care staff, library drop-ins, presentations etc.
- ▶ Progress but still lots more to do.



The Local Picture

The population of people over aged 65 is set to rise in the next 10 years



Dementia	2020	2025	2030
Early onset (i.e. under 65)	500	550	600
Late onset	15,700	18,250	21,300
Total Dementia	16,650	19,350	22,450

Severity	2020	2025	2030
Mild	9,200	10,750	12,450
Moderate	5,350	6,200	7,200
Severe	2,100	2,400	2,800

► Ageing population and prevalence impacting on capacity within services.

People with mild symptoms will be able to remain independent in their own home. For some people in the 'Moderate' and those in the 'Severe' categories, more support and perhaps long term care may likely be needed.

The Economic Cost

West Sussex Projected costs of dementia by type of care (in £million, 2015 prices) ⁹					
	2019	2020	2025	2030	%growth
West Sussex	618	653	827	1068	73%
Healthcare	83	86	107	136	64%
Social care	299	321	412	535	79%
Unpaid care	232	242	304	390	68%
Other	3	4	5	7	124%

The total costs here include all those associated with supporting older people living with dementia rather than the extra costs attributable specifically to dementia itself.

County Council and Clinical Commissioning Group are working with reduced public funding. The strategy has therefore been developed within the context of these financial restraints.

- WSCC support around 850 people over the age of 65 requiring support with their memory and cognition
- Average total weekly net cost of £290,000. Much of this cost (85%) is accountable for by long term residential and nursing care.
- More than half the number of people in this group are over the age of 85 - numbers of people in this age group expected to rise by 60% in the next 10 years.
- Resources will need to focus on keeping people at home for longer and away from more expensive long term care.
- NHS commissioned dementia services cost in excess of £10m annually.
- Cost of emergency inpatient admissions est. £1.6m.

National & Local Context

- NHS Five Year Forward View
- DoH Prime Minister's challenge on Dementia 2020
- NHS Long Term Plan
- Care Act 2014
- West Sussex Plan
- Sussex Health and Care Partnership Strategic Delivery Plan
- Joint Commitment to carers 2015-20
- Health & Wellbeing Strategy 2019-24
- Adult Social Care in West Sussex – Our vision and strategy 2019-21
- Sussex Community NHS Foundation Trust Dementia Strategy
- Western Sussex Hospitals NHS Trust Dementia Strategy

Dementia Strategy Development

Review of the Dementia Framework West Sussex 2014-19 including engagement with wider stakeholders



OUR VISION

To improve the health and wellbeing of local people, and for those people who develop dementia to be supported to maintain their independence for as long as possible.

People with dementia and their families and carers receive high quality, compassionate care and support, with timely diagnosis and access to good information and advice.

People with dementia and family and friend carers have access to timely, skilled and well-coordinated support throughout their journey.

People with dementia and their family and friend carers receive care and support that focuses on an individual's strengths and looks to promote their wellbeing.

People with dementia, along with their families and carers are central to any processes or decision making, and wherever possible are helped to express their own needs and priorities.

For supportive communities, where people feel able to participate in community life without stigma.

Preventing Well

Risk of dementia is minimised

THE DEMENTIA WELL PATHWAY

This strategy is based on the Dementia Well Pathway's five elements from the Prime Minister's Challenge on Dementia

Diagnosing Well

Timely, accurate diagnosis, care plan and review within one year

Supporting Well

Safe high quality health & social care

Living Well

To live normally in safe and accepting communities

Dying Well

To die with dignity in the place of your choosing

Preventing Well - Goals



“ *We are committed to ensuring that there is greater awareness of the preventable and modifiable risk factors for dementia and that people have the necessary support to reduce their risks for themselves.* **”**

People live, work and play in environments that promote health and wellbeing and support them to live healthy lives and for Individuals, families, friends and communities are connected.

Early intervention and ongoing support for hearing loss.

There is a greater awareness of factors increasing the risk of dementia and what can be done to reduce them.

Diagnosing Well - Goals



“We want to see all groups of people diagnosed earlier and get timely access to good quality post-diagnostic support. With a named co-ordinator and support to plan their future care along with those people important to them.”

People recognise the early signs of dementia and know what to do to receive a diagnosis

All groups of people to receive a timely diagnosis

People have the opportunity to plan for the future

Improved access to information and advice

Improved access to good quality joined up support following diagnosis

Supporting Well - Goals



“ We are committed to ensuring that people living with dementia and their family and friend carers receive high quality care and support throughout their journey from health and social care staff skilled in good dementia care that is individual to the needs of the person with dementia. **”**

The risk of a Crisis is prevented wherever possible and where a crisis occurs there is a comprehensive joined up offer of support

Approaches to care and support that are individual to the person's needs.**

Compassionate care and support from staff skilled in dementia

For people with dementia to be able to access joined up health and social care and community support throughout the progression of their dementia

Dementia friendly health and care settings

For people to be enabled to live at home

Living Well - Goals

“ We are committed to ensuring that people living with dementia are supported to live well with dementia by enabling them to: Stay socially active; Keep healthy and well; Access safe and welcoming communities that are responsive to the needs of people with dementia; Have access to quality information about dementia and the support available such as community activities, leisure and transport; Receive support to engage in meaningful activity, doing something that people enjoy or are interested in; and for family and friend carers to receive the support they need to be able to continue in their valuable caring role. ”

People to have access to a range of affordable flexible activities that reflects their interests and needs

People can maintain and develop their relationships and be able to contribute to their community

Carers of people with dementia are able to access support as needed and feel able to continue with their caring role

There is a whole community response to living well with dementia in safe and enabling communities

Dying Well - Goals



“ We are committed to ensuring that people with dementia and their families are supported to plan ahead, receive good end of life care and are able to die in accordance with their wishes. ”

People living with dementia together with their families and carers are enabled to make decisions about their future health care

There is support for people to die with dignity in a place of their choice

People with dementia approaching the end of life, should experience high quality, compassionate and joined-up care

Families and carers are provided with timely co-ordinated support before death, at the time of death and bereavement

Joint Strategic Approach to Dementia in West Sussex

The range of support for people with dementia is fragmented; people often get lost trying to navigate an array of information and services. We know people living with dementia face a variety of challenges and have a range of needs; so to achieve our vision it is key that organisations work together to collectively transform the approach to dementia in West Sussex.

This strategy represents the combined views of many partners, each of whom is committed to working together to make life better for people affected by dementia.

Monitoring delivery and impact across the pathway

- Delivery Plan with aspirational ideas for any future funding.
- Engagement with people living with dementia and family and friend carers.

Next Steps

- ▶ Sign-off by Health & Adult Social Care Select Committee in March
- ▶ Public Launch of new Strategy in Spring 2020
- ▶ Set up Dementia Strategic Partnership Group to monitor progress

Any questions?